## Listen, Lift Launch III Master Life Coach Certification in CARE-Readiness™

Course Outline

- **1.) Building Capacity**: This course looks at what it takes BEHIND THE SCENES to launch and maintain a successful life coach certification course.
- **2.) Your First Session**: This course explores the thinking behind the Story Telling and Testimonial approach to connecting with and building trust with your potential life coaches.
- **3.) The DNA of Your Life Coaching:** This course explains why the master life coach/trainer must present the foundational beliefs/ values of their life coaching model.
- **4) Coaching Ethics and Standards**: This course teaches the master life coach/trainer how to best communicate the Christian life coaching industry standards of ethics and practice.
- **5.) Assuring Emotional Intelligence/ Listening Tools**: This course demonstrates how to encourage prospective coaches to adopt healthy emotional intelligence principles and listening skills that will ultimately help them become better facilitators of **your** coaching model.

## **6.) Preparing Organized and Professional Life Coaches**

This course will teach the master life coach/trainer how to start building trust; how to track the progress of their participants, how to stay organized by sending weekly reminders and follow up emails (before, during and after the program, and how to build an ongoing student certification database.

## 7.) Effective Coaching Tools

- a) <u>Breaking the Ice /Personality Profile and CARE-Coaching Questions</u>: This course is designed to help you learn more about the person you are training, while at the same time teaching them how to use these coaching tools.
- b.) <u>Building a Successful Thinking Plan</u> This course will teach Master Coaches how walk their students through the tools that they will use in helping others.
- c.) <u>Creating and Adjusting a Life Plan</u> This course will teach you how guide your students in their efforts to create a life plan for their coaching plans.
- **8.) Developing Their Own Models**: The course will provide guidance on how to help your students create a Coaching Field Manual, how to set up online exams, student presentations, a program evaluation, implementing a graduation ceremony, and more.

This Master Life Coach Certification is administered by The STEP Forward Life Institute™, an affiliate life education and ministry preparation platform with United Graduate College Seminary Int′l.